**Introductory Mountain Biking for Educators**

**Schedule**

**July 24**

5:30pm Course Opening Reception at Santa Fe Prep

**July 25**

AM Rentals and Bike Setup

PM Getting to know your bike (components, safety, etc) Galisteo Basin Trails

**July 26**

AM “Investigating Assumptions through Bike Handling”

PM La Tierra Trails

**July 27**

AM Glorieta Trails

PM “Basic First Aid and Bike Maintenance”

**July 28**

AM “Archetypes of Movement and Intro to Bike Packing”

PM Glorieta Trails & Course Closing